



紅蝶

kōchō

S P A

Kasai Manjako Rituals



Life is a Sensory Journey

Kōshō - Kasai Mayako Rituals

What a better way to experience the true Japanese Spa journey than by indulging in one of our Kasai Mayako bath rituals.

Kasai Mayako Rituals

30min

Relax

Feel the stress melt away as you relax in a warm bath of deeply soothing essential oils and mineral rich salts.

Revive

Revive your mind, body and spirit with this uplifting citrus bath. It is Japanese tradition to soak in a bath of yuzu (a type of citrus fruit unique to Japan) or tangerines. This bath is commonly taken the day of the winter solstice to prevent colds for the rest of the winter, although is beneficial at any time for its refreshing aroma, slight antiseptic action and its stimulating effect on the circulation.

Refresh

Immerse yourself in this refreshing bath of pine needles and mineral rich salts to help clear your mind and sooth aching muscles. This is a traditional Japanese bath for New Year's Day to cleanse, refresh, and give energy. It is also believed to be good for aches, rheumatism, stiffness, fatigue, and poor circulation.

Detox

Enhance your vitality by soaking in this bath with a powerful blend of seaweed, mineral rich salts and the therapeutic benefit of specially selected essential oils. This centuries old Japanese secret of using seaweed and mineral rich salts to help promote healing and vitality is now available for everyone to enjoy.

Kōchō Retreats



Rediscover your Senses

Kocho - Retreats

Kocho Indulge 4hrs

- Kasai Mayako Bath Ritual of your choice
- Body Wrap of your choice
- Relaxation or Deep Tissue Massage
- Customised Performance Facial
- Light Lunch

*Excludes Caviar Luxe Facial, & Tropical Body

Kocho Escape 3hrs

- Kasai Mayako Bath Ritual
- Mango & Passionfruit Saltmousse Exfoliation
- Tropical Yoghurt Body Wrap
- Customised Signature Aroma Facial
- Light Lunch

Kocho Recharge 2hrs

- Kasai Mayako Bath Ritual
- Aromatherapy Salt Glow
- Refresh Facial
- De-stress Back Massage

Kocho Bliss 2hrs

- Full Body Relaxation Massage
- Customised Signature Aroma Facial

Kocho Revive 1hr

- Hydrotherapy Bath
- Deep Tissue Back Massage

Kocho Harmony 1hr

- Refresh Facial
- Aromatherapy Salt Glow

Share your unique Kocho experience with someone special in our exclusive couple's suite.

Yin & Yang 3hrs

- Romantic Kasai Mayako Spa Bath
- 1½hrs Side by Side Relaxation Massage
- Customised Signature Aroma Facial

Pure Zen 2½hrs

- Romantic Kasai Mayako Spa Bath
- 1hr Side by Side Relaxation Massage
- Customised Signature Aroma Facial

Summer Rain 1½hrs

- Romantic Kasai Mayako Spa Bath
- 1hr Side by Side Relaxation Massage

Couples Retreats

Social Retreats



Indulge your Senses together

Récluse - Social Retreats

We specialise in Hen's and Girls days with a difference! We can either tailor your day or you can choose one of the following packages to ensure your Social Retreat is unforgettable.

Butterfly Package 1½hrs

Each guest will receive a 90 minute treatment package consisting of

- Creamy Body Polish
- Refresh Facial or De-stress Back Massage
- Express Pedicure or Manicure
- Chocolates and Champagne on arrival
- Organic light lunch and herbal tea

Blossom Package 1hr

Each guest will receive a 60 minute treatment package consisting of

- Creamy Body Polish or Refresh Facial or De-stress Back Massage
- Express Pedicure or Manicure
- Chocolates and Champagne on arrival
- Organic light lunch and herbal tea

Bamboo Package 30min

Each guest will receive a 30 minute treatment consisting of either

- Creamy Body Polish or
- Refresh Facial or De-stress Back Massage
- Express Pedicure or Manicure
- Chocolates and Champagne on arrival

All packages include exclusive use of the relaxation lounge for groups of 4 or more.

Complimentary treatment for the Bride with groups of 4 or more.

*Organic light lunch can be added at an additional charge

*Treatment and package changes incur extra charge

Face



Renew your Complexion

All facials include a thorough consultation and skin analysis to ensure you achieve the greatest results.

Signature Kocho Aroma Facial 1hr

This luxurious aromatherapy facial helps to soften, restore balance to your skin while taking you on a sensory journey into deep relaxation. Moisturise and nourish dry, dehydrated skin, clarify and condition problem skin, and soothe delicate, sensitive skin. With this personally tailored facial that uses therapeutic plant essences, relaxing massage techniques and specially blended masks to help balance the skins natural oils, leaving your skin feeling smooth and radiant.

Sevactive “stimulating oils - dry”

Lavandou “calming oils - sensitive”

Fundamental “harmonizing oils - combination”

Caviar Luxe – Anti-Ageing 1½hrs

Empower the skin with preserved elasticity and prolonged vibrance. Our opulent Caviar high-performance treatment smoothes wrinkles, improves elasticity, increases oxygenation, and delivers extreme hydration and radiance.

RS2 Rose Restore – Rosacea 1¼hrs

This alleviating treatment brings visual relief and results to dilated capillaries, congestion, blotchiness and irritability leaving the skin surface decongested, soothed, hydrated and calm...

Luminous C & Sea – Beauty Flash 1¼hrs

Blending Vitamin C with the latest high-tech formulation of pure Seaweed this Facial reduces fine lines, strengthens skin's elasticity, counteracts photo-aging, and restores a youthful appearance, rendering skin visibly luminous!

Plantomer – Strengthening 1¼hrs

This cool, gentle mask treatment soothes, heals, strengthens and deeply hydrates, leaving skin tight, refreshed, vital and healthy with an exceptional glow.

Firming Neck & Bust 45min

Add to your facial treatment concentrated extracts of Elastin & Africana Fruit extracts infused in a thermal mask to dramatically improve texture, elasticity, hydration of the bust and décolleté. Perfect for a special occasion or a demanding outfit!

Micardermatosis



Reveal your new glowing skin

Réché - Microdermabrasion

Microdermabrasion is a non-surgical treatment to improve the appearance and health of your skin. It provides a gentle yet effective exfoliation treatment removing dead skin cells of your skin to reveal a brighter more even textured skin. Microdermabrasion gently removes the surface skin layer (the epidermal layer) and helps stimulate circulation and production of new healthy skin. It helps tighten the skin, reducing wrinkles and restoring a more youthful appearance. Microdermabrasion has also been effective in treating the skin post acne (acne scarring). Although Microdermabrasion can not be used over infected skin lesions it works miracles over blackheads and congestion. Restoring the younger, healthier look of your skin.

We recommend Microdermabrasion in a course of 6 treatments 2 weeks apart for greatest results.

Micro Glow Facial

30min

Shrink pores, smooth wrinkles and cure angry acne with this 30min wonder. This mini-Microdermabrasion facial is a quick pick me up. Inclusive of a thorough cleanse, and a rich application of soothing moisturizer customized to your skin type. Bring back that glow just in the time of your lunch break.

The Signature Glow Facial

1hr

Cool, calm and rejuvenate your face with our signature Micro - Performance facial. After a thorough cleanse, a Micro-blast removes dead skin cells, and reveals new glowing skin. This facial is completed with an intense application Soothing Serum and a Gel Mask. Shrink pores, tighten and firm the skin and bring back that GLOW!

Glow Deluxe Facial

1½hrs

Rejuvenate your face with this revolutionary facial. A double cleanse followed by a Lacto-Flora Peel and Microdermabrasion for the deepest of exfoliations. Your skin will be soothed and your mind calmed by a relaxing shoulder, scalp and hand massage, followed by our powerful oxygenating treatment Oxy-vital to reveal your new Glowing skin.

Massage



Ease the Tension

Kocho - Massage

Let us take you on a journey of pure wellness. Revive, De-stress and Relax with our unique massage oils as we begin by a warm purifying foot soak and sensory experience followed by your deeply relaxing massage.

Relaxation 30min / 1hr / 1½hrs

Begin your massage with a sensory journey into deep relaxation, enjoy indulgent soft tissue manipulation combined with the therapeutic benefits of essential oils to help relieve muscle tension, improve circulation and reduce stress and tension.

Deep Tissue 30min / 1hr

Combining the therapeutic benefits of essential oils with remedial massage, this treatment focuses on the deeper layers of the muscle tissue and tendons to help release and relieve chronic pain, muscle tension and sporting injuries.

Hot Stone 1½hrs

One of the most powerful therapeutic treatments you will ever experience. Unsurpassed mineral therapy relieving muscular, mental and emotional tension ... combining Hot Volcanic Rocks, and white marble with the finest aromatic essential oils in a spectacular warm stone therapy body treatment.

Pregnancy Massage 1hr

In a word, "bliss". Specifically designed for the mothers-to-be, a pillow will support the belly and make you completely relaxed and comfortable. This Massage helps to reduce back and neck pain associated with pregnancy. Smooth, and relaxing will put both mother and baby at ease.

Signature Kocho 1hr

Begin by unwinding with a warm purifying foot soak followed by a deeply relaxing aromatic back massage. The experience is completed with a refreshing facial to leave you feeling renewed from head to toe.

Kocho Deluxe 1½hrs

Indulge your senses and revive your tired body with an indulgent 60 minute massage. Complete your indulgence with a refreshing 30 minute facial designed to leave your skin glowing.

Or If you prefer, reverse the treatment and enjoy a 60 minute facial and 30 minute massage. The choice is yours.

Body



Step into Sensory Heaven

Révélo - Body

Aromatherapy Salt Glow 45min

Aromatic Marine and Mineral salts with Pure Essential Oils to remove impurities, dead cells and stimulate the circulation, bringing your skin back to superb radiance.

Creamy Body Polish 45min

A creamy blend of Rose and Chamomile essential oils with gentle jojoba nut granules that polish away dead cells revealing silky soft skin. Fantastic before any Tanning treatment.

Detoxifying Green Coffee Wrap 1hr

Feel cleansed inside and out with this invigorating, powerful treatment. Remove toxins, and reduce fat in a warm envelope of green coffee mud. While enveloped a stimulating scalp massage encourages the release and elimination of unwanted toxins, leaving you feeling cleansed and uplifted.

Aromatherapy Cocoon 1hr

Breathe in tranquillity while your body relaxes and stress slips away. Natural Herbal Essential Oils are applied in a warm aromatic treatment, chosen to stimulate your body's own ability to release stress and restore peace and well being to the body, mind and soul.

Tropical Oasis 1½hrs

Float to an island destination as we exfoliate your body in our unique foaming Mango and Passionfruit salt exfoliation. While wrapped in a cocoon of tropical de-aging yoghurt and steam your skin becomes hydrated, firm, bright and even.

Cocoon Indulgence 1½hrs

Lie back, close your eyes and let the stress of the world just melt away. Enjoy a Salt Glow, warm Detoxifying mud, Steam and infrared heat. You will slowly wake as the Vichy rainbow shower softly washes over your body, revealing soft radiant skin. Just heavenly.

Hydro-bath 30min

An invigorating hydrotherapy massage that uses powerful water jets to stimulate the deeper layers of muscle tissue to help relieve aches and pains and increase circulation.

Hydrotherapy

Hands and Feet



Touches that make a Difference

Révélo - Hands and Feet

Aromatherapy Spa Manicure 1hr

Relax while your hands are nurtured with the regenerative and hydrating properties of Rose. Your hands will be bathed, exfoliated and groomed before being encased in a nurturing wrap of roses. Finish with hand massage and polish to leave your hands looking and feeling like new.

Aromatherapy Spa Pedicure 1hr

A lively and empowering foot treatment for worn out and neglected feet. Your feet will be soaked, exfoliated and groomed before being wrapped in a zesty mix of citrus oils. Finished with leg, foot and shoulder massage, complete with your favourite splash of colour.

Express Manicure 30min

Buff and Polish your look, with nail shaping, cuticle work; and polish of your choice.

Mini Pedicure 30min

Lighten your tired feet with nail shaping, cuticle work, exfoliation; and polish of your choice.

French Revolution 15min

Add flawless perfection to your hands and feet for a simply stunning and sophisticated look. Nails are tipped white, and painted sheer pink or beige.

Waxing

Eyebrow Design	15min
Eyebrow Maintain	15min
Chin	10min
Lip	10min
Sides	15min
Half Leg	30min
Full Leg	45min
Half Arm	15min
Full Arm	30min
Underarm	10min
Bikini	10min
G-string Bikini	30min
Brazilian	45min

Tinting

Eyelash	30min
Eyebrow	15min

Make-up

Refresh (post treatment)	15min
Full Make-up Application	45min
Individual Make-up Lesson	1hr
Wedding and Special Event Make-up	2hrs

Finishing Touches

Treatment Price List

Kocho Rituals

Kasai Mayako Rituals 30min \$70

Kocho Retreats

Kocho Indulge 4hrs \$430

Kocho Escape 3hrs \$310

Kocho Recharge 2hrs \$230

Kocho Bliss 2hrs \$220

Kocho Revive 1hr \$130

Kocho Harmony 1hr \$120

Kocho Couples Retreats

Yin & Yang 3hrs \$580pc

Pure Zen 2½hrs \$490pc

Summer Rain 1½hrs \$275pc

*Package adjustments incur extra charge

Kocho Social Retreats

Butterfly Package 1½hrs \$200pp

Blossom Package 1hr \$135pp

Bamboo Package 30min \$70pp

*Package adjustments incur extra charge

Kocho Face

Signature Kocho Aroma Facial 1hr \$120

Caviar Luxe - Anti-Ageing 1½hrs \$220

RS2 Rose Restore - Rosacea 1¼hrs \$150

Luminous C & Sea - Beauty Flash 1¼hrs \$150

Plantomer - Strengthening 1¼hrs \$150

Firming Neck & Bust 45min \$75

Ampule / Concentrates add on 10min \$20

Eye Treatment add on 15min \$30

Kocho Massage

Relaxation Massage 30min \$65

1hr \$120

1½hrs \$170

Deep Tissue Massage 30min \$70

1hr \$130

Hot Stone Massage 1½hrs \$180

Pregnancy Massage 1hr \$130

Signature Kocho 1hr \$120

Kocho Deluxe 1½hrs \$170



Kocho - Treatment Price List

Kocho Body

Aromatherapy Salt Glow	45min	\$70
Creamy Body Polish	45min	\$70
Deep Cleansing Back Treatment	45min	\$85
Detoxifying Green Coffee Wrap	1hr	\$130
Aromatherapy Cocoon	1hr	\$130

Kocho Hydrotherapy

Hydro-bath	30min	\$70
Tropical Oasis	1½hrs	\$180
Cocoon Indulgence	1½hrs	\$180

Kocho Hands & Feet

Aromatherapy Spa Manicure	1hr	\$80
Aromatherapy Spa Pedicure	1hr	\$80
Express Manicure	30min	\$60
Mini Pedicure	30min	\$60
French Revolution		
With a manicure or pedicure	15min	\$15
Stand alone	15min	\$35

Kocho Finishing Touches

Waxing

Eyebrow Design	15min	\$20
Eyebrow Maintain	15min	\$15
Chin	10min	\$15
Lip	10min	\$15
Sides	15min	\$15
Half Leg	30min	\$40
Full Leg	45min	\$65
Half Arm	15min	\$25
Full Arm	30min	\$40
Underarm	10min	\$20
Bikini	10min	\$25
G-string Bikini	30min	\$45
Brazilian	45min	\$55

Tinting

Eyelash	30min	\$25
Eyebrow	15min	\$20
Lash & Brow Tint	30min	\$35

Make-up

Refresh (post treatment)	15min	\$30*
Full Make-up Application	45min	\$80*
Individual Make-up Lesson	1hr	\$120*
Wedding & Special Event Make-up	2hrs	\$150*

*Cost fully redeemable on make-up purchase on the day exceeding cost of appointment.